

# **WORLD IMPROVEMENT CHECKLIST**

There are many paths up the mountain.  
These items outline one of those paths.  
Have you left out any steps?

## **Do you lose energy being sad about present conditions?**

- Do you worry about being insensitive?  
You are not ignoring the conditions; you  
are preparing solutions.
- Let awareness of pain motivate you, not  
depress you.

## **What would make you happier?**

- Envision something better than present  
conditions.
- Fill your mind, your purpose, your  
present with that better vision.  
(Be creative, not dogmatic.)

### **Why aren't we there yet? What has been missing?**

- Ask why deficiencies exist, but do not dwell on them morbidly.
- Nurture positive conditions to overcome deficiencies.

### **What action now will change an underlying condition for the better?**

- You can't change everything at once. Find one small thing that is missing that you can supply or develop.
- Don't *attack* something you don't like. Provide something new that is better.

### **When will you take that action?**

- Don't submit to defeat by excusing why you have not taken that action yet.
- Your most important self-image is your *future* self. Take the first step *now* toward getting there.